

- **1 Helmets are mandatory!** You will not be allowed to participate in a Club ride unless you are wearing a bicycle helmet.
- **2 Treat other road users with courtesy.** When you are on a Club ride, you represent the public face of the Oshawa Cycling Club. Even when you are not on a Club ride, it is our belief that you are an ambassador for all other cyclists and should conduct yourself accordingly.
- 3 Guests and potential new members must sign a waiver before joining a Club ride.
- 4 E-bicycles See our policy below
- **5 When riding in a group**, you are obliged to obey the Ride Leader. For other rules related to group rides, refer to the group rider protocol below